## Australian Almonds – *Naturally the best!*

The Australian Almond Industry has gained international respect by consistently delivering the highest quality Australian Almond products to discerning markets throughout the world. Our reputation is upheld by rigorously implemented 'world best practices' throughout all facets of the industry.

Australia is the only major southern hemisphere producer which assures that freshly harvested and processed Australian Almonds are ready for market in March each year.

Australian Almonds are full of taste and loaded with a long list of health benefits. Grown in rich soils and in a clean environment, low in pest and disease, guarantees that Australian Almonds are *Naturally the best!* 

## Indulge in Australian Almonds without the guilt

Supported by extensive nutrition research, consuming almonds in their various forms provides a healthy mix of essential micronutrients, vitamins and minerals. Almonds while having *no cholesterol* are also a good source in *vitamin E* and *magnesium* and a good source of *protein*, *fibre, copper, phosphorous* and *riboflavin*. Eating almonds daily also provides a healthy dosage of *calcium, iron, zinc, niacin* and *potassium* while also containing essential *monounsaturated fats*.

Australian Almonds Grades							
Australian Grades	Chip and Scratch	Dissimilar Varieties	Other Defects	Serious Defects	Foreign Material	Doubles	Split and Broken
Fancy	4.0%	2.0%	1.0%	0.5%	0.03%	3.0%	1.0%
Extra Supreme	5.0%	5.0%	4.0%	1.0%	0.05%	5.0%	1.0%
Supreme	8.0%	5.0%	5.0%	1.0%	0.05%	10.0%	2.0%
Manufacturing	25.0%	5.0%	2.0%	1.5%	0.1%	15.0%	5.0%

Chip and Scratch: Affected area more than 6mm in diameter except Fancy with 3mm in diameter.

Serious Defects: Includes decay, rancidity, insect damage and mould.

Insect damage: insect, web or frass present or definite evidence of feeding Split and Broken:

90% or less of complete whole kernel at least 3mm in diameter

Other Defects:

Includes gum, shrivelling, brown spot, discolouration, embedded shell





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## GUIDE TO AUSTRALIAN ALIMONDS

Naturally the best!



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